

The owner of this certificate has participated in a project supported by the European Union Erasmus+ programme. Erasmus+ supports the educational, professional and personal development of individuals in the education, training, youth and sport fields. It offers opportunities for learning mobility and active participation for young people, as well as professional development and cooperation for youth workers and youth work organisations.



Erasmus+

VIKTORIIA SICHAK

born on 22/06/2003 in Ukraine

participated in the training course

MAKE IT MATTER: CREATIVE APPROACHES TO COMMUNITY & YOUTH WORK

in Rzeszów, Poland

from 22/09/2025 to 26/09/2025

About the project

This 5-day course equipped young people with skills to become engaged community leaders. Through cultural experiences and hands-on workshops, they addressed challenges of diverse youth communities, explored Rzeszów and Łańcut's heritage, and gained perspective on European identity. They developed project management skills from idea to plan, practised leadership, explored EU funding, networked with youth workers, and reflected on YouthPass competences to articulate their new skills.

This certificate has been issued by Stowarzyszenie Projektów Międzynarodowych "INPRO".



Beata Szmuc
Legal representative

Rzeszów, 03/10/2025

Youthpass is a Europe-wide validation system for non-formal and informal learning within the European Union youth programmes.

The ID of this certificate is JVG1-RN4X-JE3K-5TXJ.
To verify the ID, please go to the Youthpass website at <https://www.youthpass.eu/verify> or scan this QR code:



Youthpass

Makes your learning visible



LEARNING CONTEXT

The European youth programmes offer opportunities for non-formal and informal learning mobility that support the professional development of individuals involved in youth work and volunteering. Such mobility activities also promote the development and capacity-building of organisations and their systems. They support community-building, include cross-sectoral cooperation and contribute to policy implementation.

COMPETENCES DEVELOPED BY VIKTORIIA SICHAK

The following summary is the result of a reflection and self-assessment process which took place during and after the project.

Facilitating learning

I gained the knowledge, skills, and attitudes to facilitate learning within a group. I practiced establishing dialogue and ensuring cooperation among my teammates to complete our project tasks.

Designing programmes

I developed a solid understanding of different youth groups' needs and realities. I learned how to apply non-formal learning principles to design a program that is relevant and meaningful for a target community.

Managing resources

I practiced understanding the values and working culture of youth projects. I learned to identify the factors that influence project success, including assessing the impact of leadership styles on a team.

Collaborating in teams

I contributed to teamwork and maintained good working relations with everyone involved. I learned how to motivate and support my colleagues in achieving given objectives in an international context

Communicating meaningfully

I built positive relationships with individuals and my team throughout the week. I learned to constructively handle emotions, display empathy, and effectively interact with my peers and youth work professionals.

Displaying intercultural sensitivity

I practiced supporting successful communication and collaboration among people from different cultural backgrounds. This helped me to address diverse attitudes and behaviors while tackling underlying values.

The competence description in this Youthpass certificate is based on the Competence Model for Youth Workers to Work Internationally that was created within the framework of the European Training Strategy. Further information about the competence model is available here: <https://www.salto-youth.net/youthworkers-competence-model/>



Networking and advocating

I developed skills for managing partnerships with relevant actors in the youth field. I practiced advocating for the value of youth work and promoting my project's goals to others.

Being civically engaged

I became more aware of and took a principled stance on societal issues affecting young people. I learned how to support critical youth civic engagement and advocate for positive social change in my community.

Viktoriiia Sichak

Rzeszów, 03/10/2025



PROJECT DETAILS

Below are further details about the project in which Viktoriia Sichak participated.

Make It Matter: Creative Approaches to Community & Youth Work

Training course | 22/09/2025–26/09/2025 | in Rzeszów, Poland

Main activities: To foster intercultural understanding and growth: Participants took part in activities to get to know each other, share cultural backgrounds, and explore the history and culture of Rzeszów and Łańcut.
To build skills in community work and project management: The course offered a practical framework for identifying social challenges, mapping communities, and creating project plans, including writing proposals to secure funding and resources.
To develop leadership and entrepreneurial competencies: Hands-on activities gave participants experience in planning, implementing, and leading teams, while also covering fundraising strategies and opportunities for young NGOs.
To connect with a network of youth workers and organizations: A networking session enabled learning from experienced youth workers, exchanging ideas, and building professional relationships for future collaboration.

Hosting organisation: Stowarzyszenie Projektów Międzynarodowych "INPRO"

Trainers: Anna Paliichuk

Group: Participants from Czechia, Hungary, Poland and Ukraine

The working language of the project was English.

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>
More information about this project can be found in the Erasmus+ Projects Results Platform: https://ec.europa.eu/programmes/erasmus-plus/projects_en