

The owner of this certificate has participated in a project supported by the European Union Erasmus+ programme. Erasmus+ supports the educational, professional and personal development of individuals in the education, training, youth and sport fields. It offers opportunities for learning mobility and active participation for young people, as well as professional development and cooperation for youth workers and youth work organisations.



Erasmus+

# SVITLANA CHASTUKHINA

born on 13/09/2004 in Khust, Ukraine

participated in the Youth Exchange

## CULTURAL CROSSOVER

in Rzeszów, Poland

from 16/01/2023 to 20/01/2023

### About the project

The "Cultural Crossover" program was based on non-formal methods. It was composed of social games, team building, workshops, and cultural visits. We focused on sharing our cultures and skills with others and learning from each other while having a lot of fun!

This certificate has been issued by Stowarzyszenie Projektów Międzynarodowych "INPRO".



Beata Szmuc  
Legal Representative  
Rzeszów, Poland, 23/01/2023

Youthpass is a Europe-wide validation system for non-formal and informal learning within the European Union youth programmes.

The ID of this certificate is B63V-12L8-BSHG-EQLY.  
To verify the ID, please go to the Youthpass website at <https://www.youthpass.eu/verify> or scan this QR code:



**Youthpass**

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## LEARNING CONTEXT

Youth Exchanges supported by the Erasmus+ programme offer groups of young people from different countries an opportunity to jointly design, prepare and carry out a non-formal learning programme on a topic of their interest. This usually involves a mix of workshops, debates, role-plays, simulations and outdoor activities. The learning process, which is supported by youth workers and leaders, includes the preparation, implementation and follow-up of the exchange.

## COMPETENCES DEVELOPED BY SVITLANA CHASTUKHINA

The following summary is the result of a reflection and self-assessment process which took place during and after the project.

### Multilingual competence

I can understand 2 languages Ukrainian and English Ukrainian is my mother tongue and English is my favourite subject since childhood time.

I absolutely love English. It gives me the chance to excel without putting too much pressure on me. I get to play with words and form my own interpretations. This helps me get the creative freedom.

### Personal, social and learning to learn competence

The competence is based on a positive attitude toward one's personal, social and physical well-being and learning throughout one's life. It is based on an attitude of collaboration, assertiveness and integrity. This includes respecting diversity of others and their needs and being prepared both to overcome prejudices and to compromise. Individuals should be able to identify and set goals, motivate themselves, and develop resilience and confidence to pursue and succeed at learning throughout their lives.

### Citizenship competence

Citizen competences allow each person to contribute to peaceful coexistence, to participate actively and responsibly in democratic processes and to value plurality and differences both in their immediate surroundings and in their community.

### Cultural awareness and expression competence

The ability to recognize the different beliefs, values, and customs that someone has based on that person's origins, and it allows a person to build more successful personal and professional relationships in a diverse environment.

The competence description in Youthpass is based on the European Union framework for Key Competences for Lifelong Learning:  
<https://education.ec.europa.eu/focus-topics/improving-quality-equity/key-competences-lifelong-learning>



## Digital competence

Digital competence encompasses digital devices, systems, and resources that help create, store, and manage data. An important aspect of digital technology is information technology (IT) which refers to the use of computers to process data and information. Most businesses use digital technology nowadays to manage operations and processes and to enhance the customer journey.

Svitlana Chastukhina

Rzeszów, Poland, 23/01/2023