



# Youthpass

## YOUTH EXCHANGES

**Nataliia Kushtan**

BORN ON **06/06/1999** IN **Uzhgorod, Ukraine**

PARTICIPATED IN

**Lokalna pamięć na granicach karpackich świątów,**

A YOUTH EXCHANGE WITH 24 YOUNG PEOPLE  
FROM POLAND AND UKRAINE.

THE PROJECT TOOK PLACE FROM **07/09/2019**  
TO **16/09/2019** IN **Użok, Ukraine.**

## YOUTH EXCHANGES

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



**Beata Szmuc**

Representative of the organisation

The ID of this certificate is U47G-N8BB-KD8M-JF7H.  
If you want to verify the ID, please go to the web site of Youthpass:  
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+ Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



## Youthpass

This document certifies that **Nataliia Kushtan** took part in the Youth Exchange **Lokalna pamięć na granicach karpackich światów** organised by **Stowarzyszenie Projektów Międzynarodowych "INPRO"**.

**The exchange project was developed and implemented in cooperation with the following partners:**

UNIwersytet Rzeszowski  
Uzhgorodskiy Nacionalnyi Universitet

**The aim and the specific objectives of the project were:**

Celem projektu był rozwój personalny młodzieży, rozwój kompetencji międzykulturowych, przełamywanie barier językowych oraz nabywanie umiejętności współpracy międzykulturowej.

**Main activities:**

Wymiana młodzieży miała formę 12-dniowych warsztatów, podczas których uczestnicy odkrywali tajniki historii mówionej, jak również wzięli udział w serii zajęć integracyjnych oraz rozwojowych. Program przewidywał także wizytę w Użhorodzie oraz górską wędrowkę pieszą.

**The main achievements of the project were the following:**

Podczas wymiany uczestnicy przeprowadzili wywiady z lokalnymi mieszkańcami okolic Użoka, Wołosianki, Husnego, Werchowyny Bystrej.



Rzeszów, 17/09/2019

**Beata Szmuc**

Person in charge of the project



The following pages contain the individual information about the participation of **Nataliia Kushtan** in the Youth Exchange **Lokalna pamięć na granicach karpackich światów**.

**Task / responsibility of Nataliia Kushtan:**

integration and collection and processing of field materials

**Nataliia Kushtan** developed the following competences during the Youth Exchange.

**MULTILINGUAL COMPETENCE**

improvement of Polish language skills

**PERSONAL, SOCIAL AND LEARNING TO LEARN COMPETENCE**

improved information collection and processing skills

**CULTURAL AWARENESS AND EXPRESSION COMPETENCE**

improved knowledge about the culture of neighboring people

**Nataliia Kushtan**

Participant

Rzeszów, 17/09/2019

**Further information and original documents on the Key Competences for Lifelong Learning:**

[http://europa.eu/legislation\\_summaries/education\\_training\\_youth/lifelong\\_learning/c11090\\_en.htm](http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm)

**Further information about the Erasmus+: Youth in Action Programme and Youthpass:**

<http://ec.europa.eu/programmes/erasmus-plus> and [www.youthpass.eu](http://www.youthpass.eu)